

APPENDIX

Table 1. Twelve areas of shame

Twelve areas of shame
Appearance
Money/Work
Motherhood/Fatherhood
Family
Parenting
Mental/Physical Health
Addiction
Sex
Aging
Religion
Surviving Trauma
Being Stereotyped

Table 2. Descriptive Statistics for all measures

Table 2			
<i>Descriptive Statistics for all Measures</i>			
<u>Measure</u>	<u>Mean</u>	<u>Standard Deviation</u>	<u>N</u>
Subjective Wellbeing	14.09	5.08	64
Individualism/Collectivism	3.73	.55	64
Shame Inventory	2.06	.79	64
Shame Resilience	1.60	.27	64

Table 3. Correlation matrix between all measures

Table 3				
<i>Correlation Matrix Between all Measures</i>				
	<u>Subjective Wellbeing</u>	<u>Individualism/Collectivism</u>	<u>Shame Inventory</u>	<u>Shame Resilience</u>
<u>Subjective Wellbeing</u>	1	.383**	-.267*	.305*
<u>Individualism/Collectivism</u>	.383**	1	.181	.005
<u>Shame Inventory</u>	-.267*	.181	1	-.042
<u>Shame Resilience</u>	.305*	.005	-.042	1

** . Correlation is significant at the 0.01 level (2-tailed).
 * . Correlation is significant at the 0.05 level (2-tailed).

Table 4. Simple regression individualism/collectivism and shame resilience

Table 4							
<i>Simple Regression – Individualism/Collectivism and Shame Resilience^a</i>							
	<i>B</i>	<i>SE B</i>	β	<i>t</i>	<i>Sig.</i>	<i>95% Confidence Interval for B</i>	
						<i>Lower Bound</i>	<i>Upper Bound</i>
(Constant) ^b	1.591	.232		6.872	.000	1.128	2.054
Individualism/Collectivism ^b	.002	.061	.005	.037	.971	-.121	.125

a. Dependent Variable: Shame Resilience
 b. Predictors: (Constant), Individualism/Collectivism
 Notes. $R^2 = -.016$

Table 5. Multiple regression individualism/collectivism subscales and shame resilience

Table 5							
<i>Multiple Regression – Individualism/Collectivism Subscales and Shame Resilience^a</i>							
	<i>B</i>	<i>SE B</i>	β	<i>t</i>	<i>Sig.</i>	<i>95% Confidence Interval for B</i>	
						<i>Lower Bound</i>	<i>Upper Bound</i>
(Constant)	1.595	.243		6.553	.000	1.108	2.083
Values Family	-.140	.188	-.387	-.745	.460	-.515	.236
Values Close Friends	.082	.175	.201	.468	.641	-.269	.433
Values Coworkers	-.177	.143	-.428	-1.232	.223	-.464	.111
Values Strangers	.003	.122	.006	.21	.983	-.242	.247
Behavior Family	.110	.152	.320	.723	.473	-.195	.414
Behavior Close Friends	-.057	.137	-.159	-.413	.681	-.332	.219
Behavior Coworkers	2.58	.140	.690	1.837	.072	-.024	.539
Behavior Strangers	-.064	.104	.178	-.610	.544	-.272	.145
a. Dependent Variable: Shame Resilience b. Predictors: (Constant), Values Family, Values Close Friends, Values Coworkers, Values Strangers, Behavior Family, Behavior Close Friends, Behavior Coworkers, Behavior Strangers Notes. $R^2 = .007$							