

Table 1

Participant Age Distribution

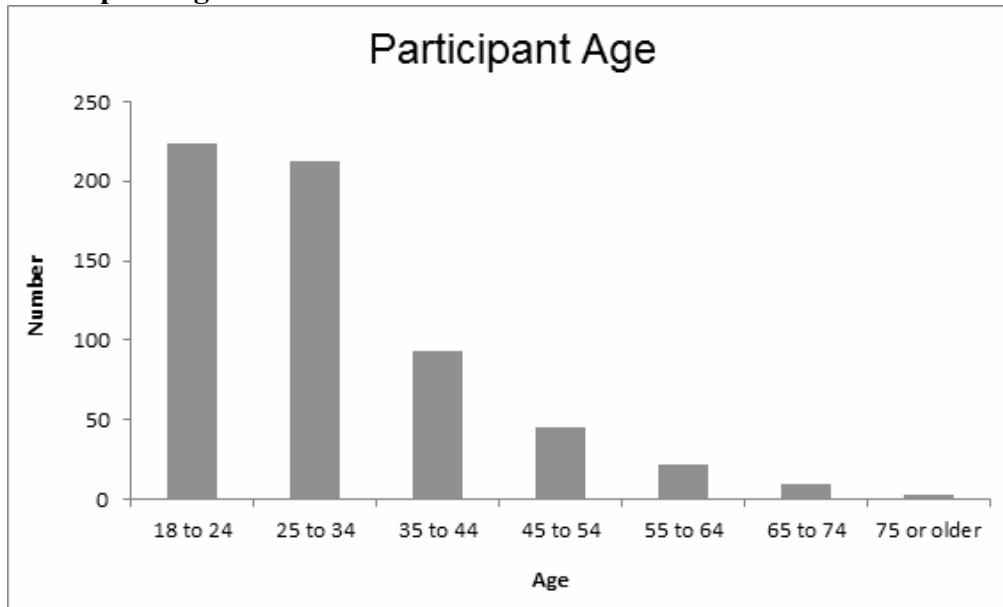


Table 2

Current Age and Age at Exit By Religion Exited

Religion Exited	n	(M) Current Age	(M) Age at Exit
Catholic	120	29	19
Jehovah's Witness	85	34	26
Protestant	80	31	23
Other Christian	73	29	21
Mormon	62	34	30
Baptist	60	30	25
Muslim	23	21	18
Seventh Day Adventist	20	36	23
Lutheran	14	34	20
Christian Science	13	44	32
Methodist	12	36	25
Orthodox Judaism	9	24	18
Jewish	8	35	18
Evangelical	5	28	25
Pentecostal	4	30	23
Baha'i	3	24	15
Hindu	3	24	18
Episcopal	3	33	19
Greek/ Russ. Orthodox	3	50	34
Scientology	2	35	21
Buddhist	2	40	23
Atheism	2	40	25
Sikh	1	21	21
Total	607	32	23

Table 3

Demographics of Interview Participants

Religion Exited	n	Age (M)	Currently religious
Other Christianity	2	28	1
Catholicism	3	35	0
Judaism	2	56	0
Seventh Day Adventism	2	66	0
Baptist	1	21	0
Christian Science	1	47	0
Protestantism	2	27	1
Lutheran	2	36	0
Mormon	1	37	0
Pentecostal	1	26	0
Total	17	35	2

Table 4

Racial Demographics* of Participants by Religion Exited

Religion Exited	American Indian/ Alaska Native	Asian	Black or African American	Native Hawaiian/ Pacific Islander	White	Hispanic or Latino/a	Prefer not to State
Catholic (n=120)	3	5	0	1	103	20	4
Jehovah's Witness (n=85)	4	3	6	0	73	9	1
Protestant (n=80)	0	2	0	0	76	2	2
Other Christian (n=73)	0	6	3	2	63	5	2
Mormon (n=62)	0	1	0	0	59	1	3
Baptist (n=60)	4	1	5	0	54	3	0
Muslim (n=23)	0	11	1	0	6	2	4
Seventh Day Adventist (n=20)	1	3	2	2	15	3	1
Lutheran (n=14)	0	2	0	0	12	0	1
Christian Science (n=13)	0	0	0	0	13	1	0
Methodist (n=12)	0	1	0	0	12	0	0
Orthodox Judaism (n=9)	0	0	0	0	9	0	0
Jewish (n=8)	0	0	0	0	8	0	0
Evangelical (n=5)	0	0	1	0	4	0	0
Pentecostal (n=4)	0	0	0	0	3	1	0
Baha'i (n=3)	0	0	0	0	3	0	0
Hindu (n=3)	0	3	0	0	0	0	0
Episcopal (n=3)	0	0	0	0	3	0	0
Greek/ Russian Orthodox (n=3)	0	0	0	0	3	0	0
Scientology (n=2)	0	0	0	0	2	1	0
Buddhist (n=2)	0	2	0	0	0	0	0
Atheism (n=2)	1	0	0	0	2	0	0
Sikh (n=1)	0	1	0	0	0	0	0
% of Total*	2	7	3	1	86	8	3

*Participants chose as many racial categories as needed for their identity

Table 5

Current Religious Affiliation by Percent of Total

Current Affiliation	Percent of Total
Atheist or agnostic	63.60
Nothing in particular	17.00
Other	7.40
Pagan /Earth Based	5.20
Buddhist	2.00
Catholic	1.30
Other Christian	1.30
Jewish	1.00
Protestant	0.50
Greek or Russian Orthodox	0.30
Methodist	0.20
Hindu	0.20

Table 6

Top 5 Factors That Led to First Doubts by the Top 7 Religions of Exit

Religion Exited	1st Factor	2nd Factor	3rd Factor	4th Factor	5th Factor
Catholic (n=120)	Logic	Change in Values	Religious Rules	Lost Faith	Bigotry
Jehovah's Witness (n=85)	Change in Values	Logic	Religious Rules	Psychological distress	Church Politics
Protestant (n=80)	Logic	Change in Values	Religious Rules	Science	Research
Other Christian (n=73)	Logic	Change in Values	Religious Rules	Truth	Research
Mormon (n=62)	Research	Logic	Change in Values	Truth	Church Politics
Baptist (n=60)	Logic	Change in Values	Religious Rules	Bigotry	Lost Faith
Muslim (n=23)	Logic	Change in Values	Religious Rules	Science	Truth

Appendix A

Interview Protocols

The following is a list of questions that were used as guidelines for the interviews, not every question was answered in each interview, and this list is not exhaustive of the questions that were asked.

1. Which religion did you exit from?
How old were you when you decided to leave?
2. What would look different about your life if you didn't leave?
3. What is your current religious affiliation?
If "none," What are your beliefs regarding God(s) or a "higher power"?
4. Walk me through your decision to leave.
5. What was the biggest factor(s) that influenced your decision?
6. What was the hardest part about leaving?
8. How did your family factor into your decision?
9. What is your current relationship like with your family?
How would you describe your family member's religious affiliations?
How did your exit impact your relationship?
10. How many children do you have?
What is the religious affiliation of your children?
How do you/ would you talk to them about religion?
In what ways does this conversation arise?
11. How would you describe your friends religious affiliations?
Romantic partner(s)?
12. Describe a time in which your past religious life (or exit?) made your current life
Easier? Harder?

Appendix B

Survey Protocols

1. What is your age?
 - 18-24
 - 25-34
 - 35-44
 - 45-54
 - 55-64
 - 65-74
 - 75+
2. What is your gender?
 - Male
 - Female
 - Transgender Male/Transgender Man
 - Transgender Female/Transgender Woman
 - Genderqueer/Gender Non-conforming
 - Preferred Identity (in addition to or not listed above) _____
 - Prefer not to state
3. What is your race?
 - American Indian or Alaska Native
 - Asian
 - Black or African American
 - Native Hawaiian or Other Pacific Islander
 - White
 - Prefer not to state
4. What is your sexual orientation?
 - Heterosexual or straight
 - Gay or lesbian
 - Bisexual
 - Queer
 - Questioning or unsure
 - Other _____
 - Prefer not to state
5. What is the highest level of education you have completed?
 - Less than high school
 - Graduated from high school
 - Some college
 - Graduated from college
 - Some graduate school (or post-secondary)
 - Completed Graduate School (or post-secondary)
6. Which of the following best describes your current relationship status?
 - Married
 - Divorced
 - Cohabiting with intimate partner(s)
 - In a relationship with intimate partner(s)
 - Single
7. Do you have any children?
 - Yes, all 18 or older
 - Yes, one or more under 18
 - No

Religious Experience

8. How many religions have you exited?

- 0
- 1
- 2
- 3
- 4 or more

9. Which religion did you exit from? (If you have exited from multiple, select the FIRST religion you exited from)

- Baptist
- Protestant
- Methodist
- Lutheran
- Mormon
- Fundamental Church of Jesus Christ of Latter-Day Saints
- Jehovah's Witness
- Other Christian
- Catholic
- Greek or Russian Orthodox
- Orthodox Judaism
- Jewish
- Muslim
- Buddhist
- Hindu
- Sikh
- Pagan/ Earth Based
- Other _____

10. How old were you when you left the religion?

- 0-9
- 10-14
- 15-17
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65-74
- 75+

11. Was this religious exit from the religion you were raised in as a child?

- Yes
- No

12. What is your current religion, if any?

- Baptist
- Protestant
- Methodist
- Lutheran
- Mormon
- Fundamental Church of Jesus Christ of Latter-Day Saints
- Jehovah's Witness
- Other Christian
- Catholic
- Greek or Russian Orthodox
- Orthodox Judaism
- Jewish
- Muslim
- Buddhist
- Hindu
- Sikh

Pagan/ Earth Based
Atheist or agnostic
Nothing in particular
Other _____

13. What was the biggest factor(s) that influenced your decision to leave? _____
14. Thinking about the moment you decided to leave, what was the hardest part about leaving, or what made you hesitate? _____
15. What have you enjoyed most about not remaining in your past religion? _____
16. If you left multiple religions, select all other religions you have exited from.

Baptist
Protestant
Methodist
Lutheran
Mormon
Fundamental Church of Jesus Christ of Latter-Day Saints
Jehovah's Witness
Other Christian
Catholic
Greek or Russian Orthodox
Orthodox Judaism
Jewish
Muslim
Buddhist
Hindu
Sikh
Pagan/ Earth Based
I have only left 1 religion/ does not apply
Other _____

17. What is your immediate family's current religious affiliation?

Baptist
Protestant
Methodist
Lutheran
Mormon
Fundamental Church of Jesus Christ of Latter-Day Saints
Jehovah's Witness
Other Christian
Catholic
Greek or Russian Orthodox
Orthodox Judaism
Jewish
Muslim
Buddhist
Hindu
Sikh
Pagan/ Earth Based
Atheist or agnostic
Nothing in particular
Other _____

18. If you have an intimate partner(s), what is their current religious affiliation?

Baptist
Protestant
Methodist
Lutheran
Mormon

Fundamental Church of Jesus Christ of Latter-Day Saints
Jehovah's Witness
Other Christian
Catholic
Greek or Russian Orthodox
Orthodox Judaism
Jewish
Muslim
Buddhist
Hindu
Sikh
Pagan/ Earth Based
Atheist or agnostic
Nothing in particular
Other _____

Personal Feelings

Please answer the following questions with the option that best fits your experience.

19. I do not consider religious affiliation when choosing an intimate partner.

Strongly disagree
disagree
unsure
agree
strongly agree

20. My family was _____ toward my religious exit.

Supportive
Indifferent
Discouraging
My family does not know/ This does not apply

21. I currently have a strained relationship with my parents/guardians because of my religious exit.

Strongly disagree
Disagree
Unsure
Agree
Strongly agree

22. While in my past religion I had friends or family who did not practice the religion.

Strongly disagree
Disagree
Unsure
Agree
Strongly agree

23. The 3 biggest challenges I faced after leaving my religion include _____ (rank your top 3, with 1 being the most challenging)

Sense of Community
Housing
Employment
Education
Intimate Relationships
Beauty Standards/ Fashion
Physical Health
Sexual Health
Emotional Health
Alcohol or Drug Use
Other _____

24. If you selected "other" above, please explain. _____

25. I maintained a belief in God(s) or higher power after my religious exit.

- Strongly disagree
Disagree
Unsure
Agree
Strongly agree
26. My religious exit did not impact my self-identity
Strongly disagree
Disagree
Unsure
Agree
Strongly agree
27. I had a hard time making new friends after exiting my past religion.
Strongly disagree
Disagree
Unsure
Agree
Strongly agree
28. I do not have contact with members of my past religion (excluding family).
Strongly disagree
Disagree
Unsure
Agree
Strongly agree
29. My religious exit took many years of consideration.
Strongly disagree
Disagree
Unsure
Agree
Strongly agree
30. My religious exit was a defining event in my life.
Strongly disagree
Disagree
Unsure
Agree
Strongly agree
31. I regret my decision to leave my past religion.
Strongly disagree
Disagree
Unsure
Agree
Strongly agree
32. Is there anything else you'd like to share about your experience? _____
33. Please indicate your interest in receiving a PDF of the results of the study in January 2018
I am NOT interested in receiving the results
I am interested in receiving the results
34. At what email address would you like to be contacted if you win the \$20 Amazon gift card and have the results sent to if you chose to receive them? _____
35. Are you near the San Francisco Bay Area and willing to be interviewed in person about this topic sometime between May and October 2017?
Yes, I am willing and able to be interviewed
No, I am not willing or able to be interviewed
No, but I may know someone who is [please provide their contact information or email
leavingreligionresearch@gmail.com]

End of Survey